

## Time Stewardship Chart - Looking at my priorities.

Each member of the family should do this separately.

Philippians 4:8 focus our thoughts on what is true, noble, righteous, pure, lovable or admirable, on some virtue or on something praiseworthy.

Jeremiah 29:11-13 For I know the plans I have in mind for you... When you seek me, you will find me, provided you seek for me wholeheartedly.

Conflict in family ? All members discuss the value/desire/goal of having more family harmony. Proven method to improve family harmony is to go 30 consecutive days without turning the TV/video games on.

Move 3 least productive hours a week to more productive use. This equals nearly a month of work weeks gained!

Time should be in decimals rather than hours and minutes.

**1 hr (60 minutes) = 1; 45 minute = .75; 1/2 hour (30 minutes) = .5;**

**1/4 hour (15 minutes) = .25; 6 minutes or less = .1**

### Work

Item	Total Hours	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Household chores								
Household shopping								
Job - main								
Job - others								
School student								
Travel to/from								
Total hours								

### Television

Item	Total Hrs	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
"Background noise"								
Cartoons								
Internet/computer								
Movies/video								
News/weather								
Sitcoms								
Soap operas								
Sports								
Other								
Total hours								

## Reading

Item	Total hrs	Sun	Mon	Tues	Wed	Thur	Fri	Sat
Bible								
Education								
Fiction								
Hobby								
Magazines								
Newspaper								
Romance novels								
Sports								
Other								
Total hours								

## Other Time

Item	Total	Sun.	Mon	Tues.	Wed.	Thur	Fri.	Sat.
Church								
Eating								
Exercising								
Gambling								
Hobbies								
Organizations								
Praying								
Relaxing								
School activities								
Shopping								
Sleep								
Sports								
Talking with family members								
Telephone								
Volunteering								
Total hours								

## Week Total

Item	Hours
Work	
Television	
Reading	
Other time	
<b>TOTAL</b>	

See to it that no one takes you captive through philosophy and empty deception – according to the elementary principles of the world, rather than according to Christ. Colossians 2:8